

POST-DISCHARGE EVALUATION:

Elevated Blood Pressure

AT HOME, IN OFFICE, IN TRIAGE

POSTPARTUM TRIGGERS:

- 1 **SBP \geq 160 or DBP \geq 110 or**
- 2 **SBP \geq 140-159 or DBP \geq 90-109 with any of the following:**
 - unremitting headaches
 - visual disturbances
 - epigastric/RUQ pain



EMERGENCY DEPARTMENT TREATMENT

(with OB /MICU consultation as needed);

Antihypertensive therapy is suggested for women with persistent postpartum hypertension, **SBP \geq 150 or DBP \geq 100** on at least two occasions that are at least 4 hours apart.

Persistent **SBP \geq 160 or DBP \geq 110** should be treated within 1 hour.



Good response to antihypertensive treatment and asymptomatic

Signs and symptoms of eclampsia, abnormal neurological evaluation, congestive heart failure, renal failure, coagulopathy, poor response to antihypertensive treatment



Admit for further observation and management
(e.g., L&D, ICU, unit with telemetry)

Recommend emergency consultation for further evaluation with a specialist
(e.g., MFM, internal medicine, OB anesthesiology, critical care)

